

# Best practices in addressing nutrition challenges: Examples of nutrition support through community participation and action in Kenya

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Brussels Development Briefing for Nutrition

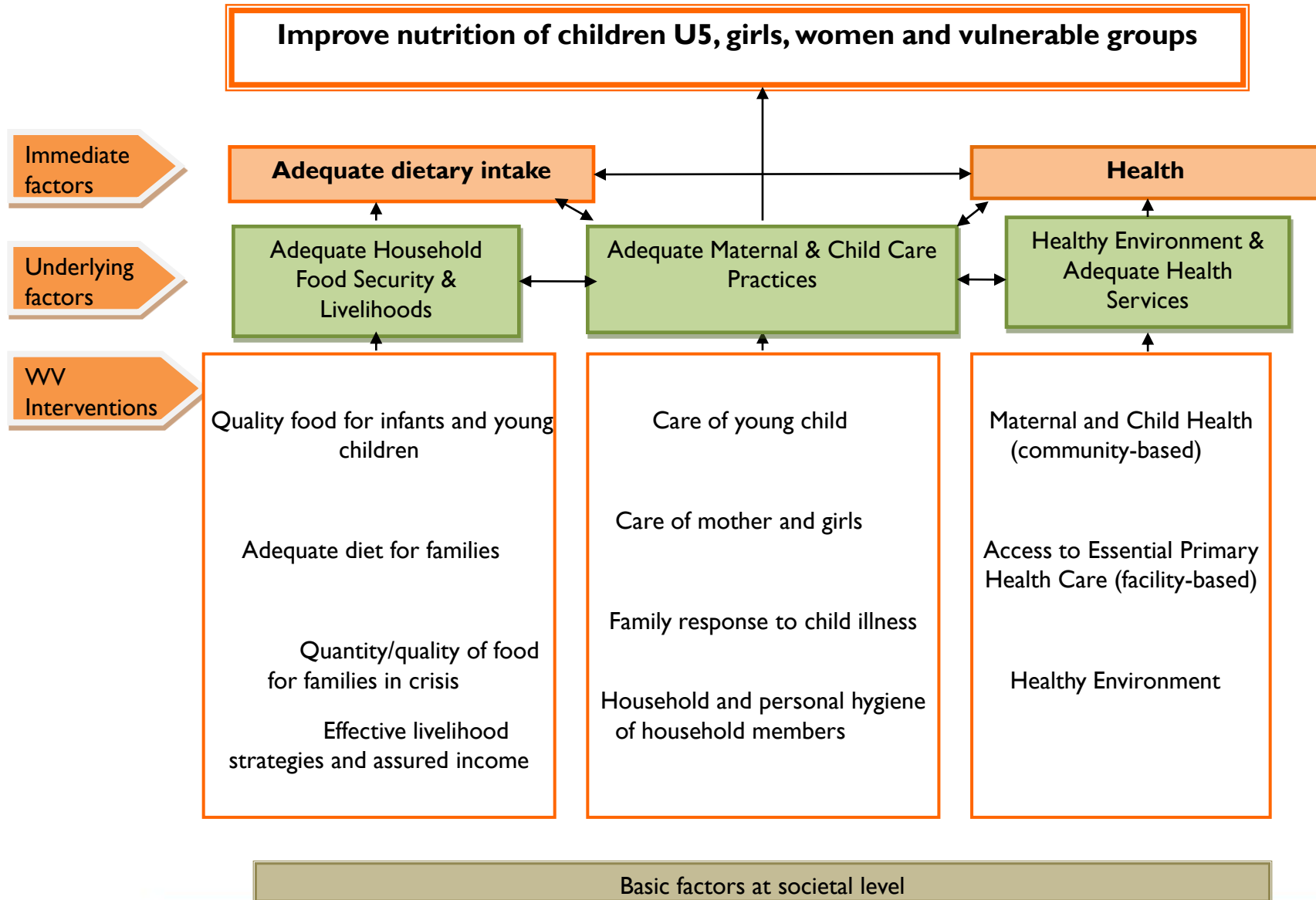
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# Outline

- World Vision nutrition framework
- Nutrition situation in Kenya
- Case studies on linking nutrition & agriculture
- Case study on social accountability
- Challenges
- Lessons and Recommendations

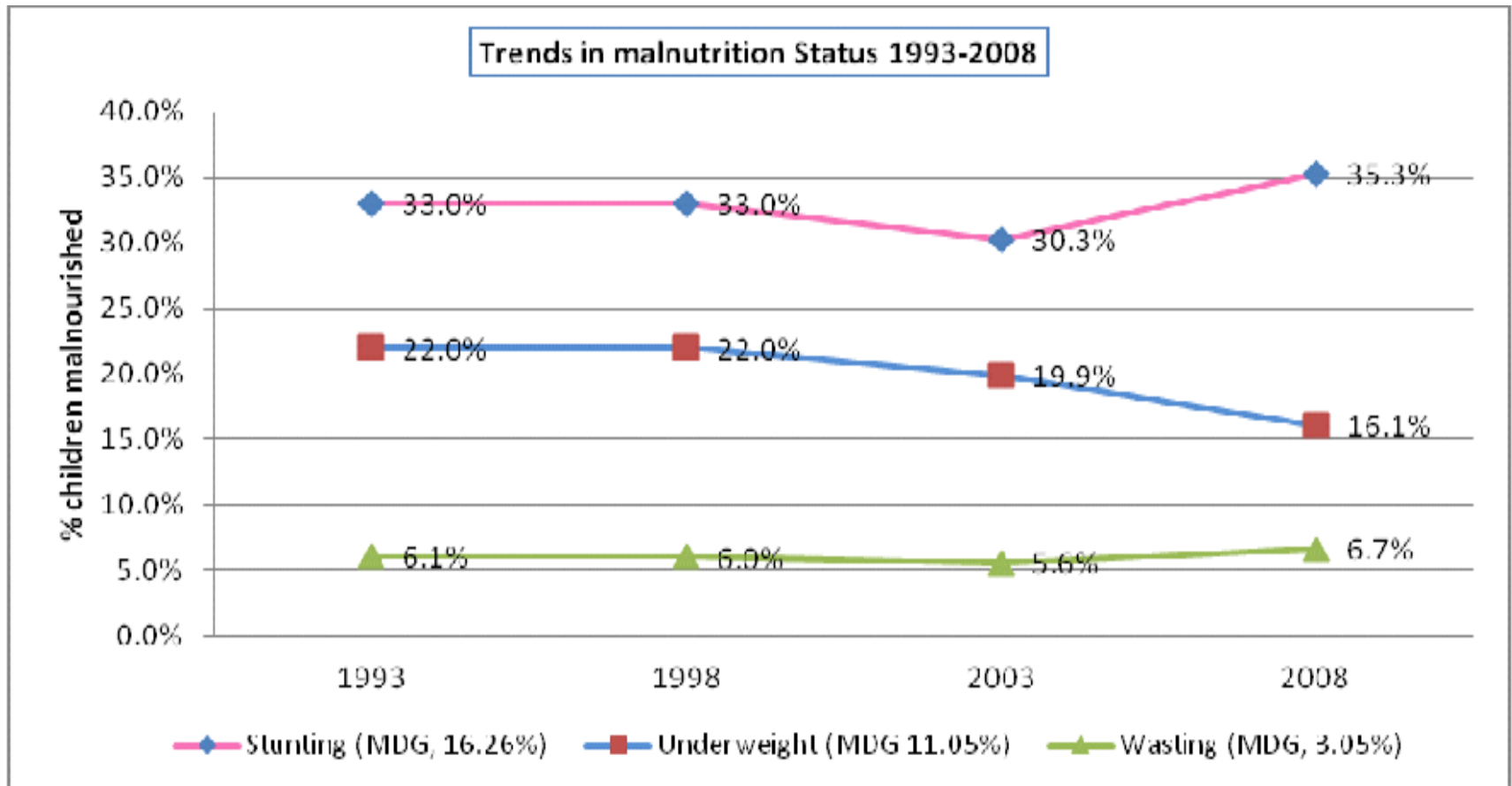


# WORLD VISION GLOBAL NUTRITION FRAMEWORK & INTERVENTIONS



# Nutrition Situation in Kenya

- No significant change in the nutrition status of children under five years
- Kenya is not on course to meet WHA targets for stunting and wasting



# Linking Nutrition & Agriculture

ECHO/ UNICEF funded nutrition project linking with EC funded Livelihoods project in Samburu County - mother support groups approach for Infant and young child feeding

- Majeiyo group of 14 mothers, 10 youthful girls and 4 men
- Members learn together
- Trained on home gardening & rearing of small stock
- Receive farm inputs



# Linking Nutrition & Agriculture

EC funded Maternal Child Health and Nutrition project in Taita Taveta County by World Vision, IMC and St Josephs' Shelter of Hope

- Targeting through CMAM programme
- Caregivers are trained by agriculture extension workers
- Set up home gardens
- Receive small stock- goats and chicken

# Linking Nutrition & Agriculture

A USAID funded addressing social determinants of health project in Western Kenya - positive deviance hearth (PD/ Hearth) approach

- Targeting underweight children
- Community inquiry & messaging
- 12 days education sessions
- 2 weeks follow up at home
- Graduate after adequate weight gain
- 8-15 caregivers form nutrition support groups
- Groups are trained by government agriculture and health extension workers





# Linking Nutrition & Agriculture

Making nutrition groups sustainable

- Groups contribute money regularly
- They receive training on village savings and loaning
- Pursue formal registration with government

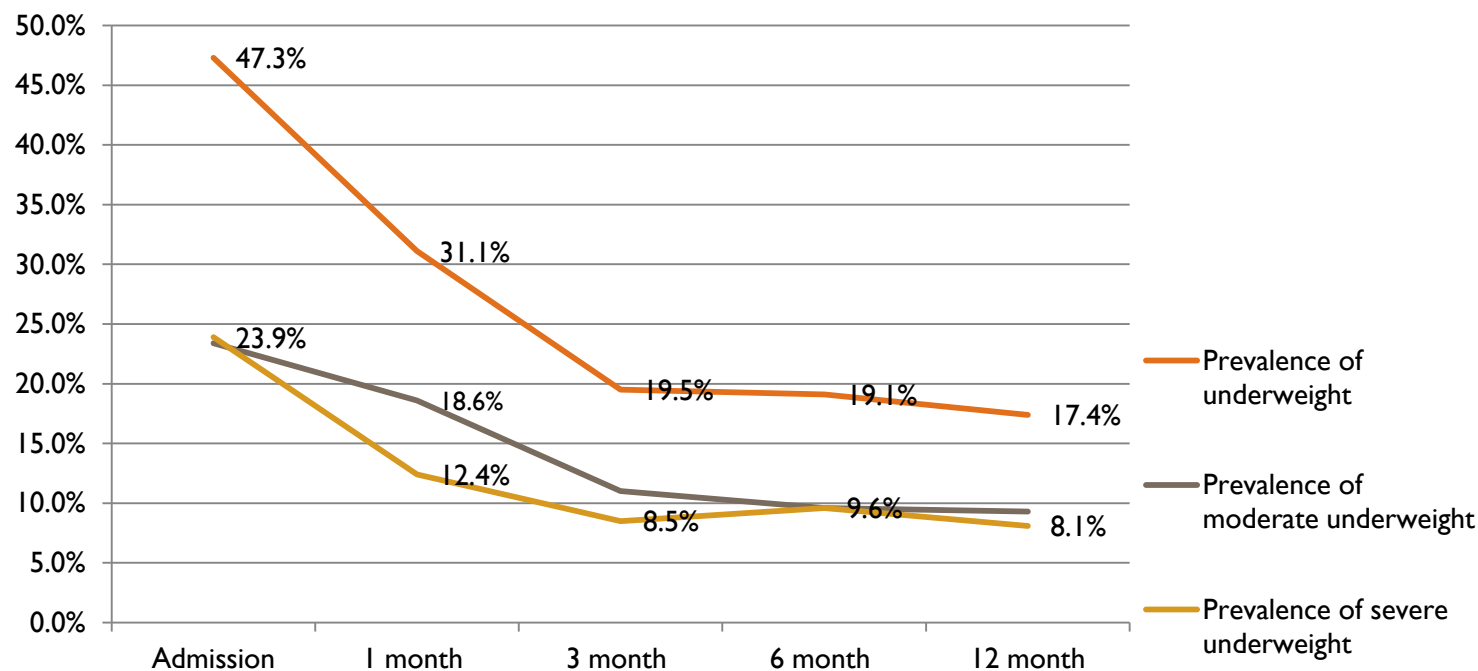




# Measuring Impact

- 2205 children in the hearth sessions in Western Kenya were followed up for 12 months
- Under-weight prevalence sustainably reduced

Underweight Prevalence among Children in PD health program (N=2205)



# Social Accountability for Nutrition

A DFID funded nutrition project in Turkana County integrated the Citizens Voice and Action Approach for local level advocacy

- 5 groups formed and trained on;
  - citizen participation in government budget making process
  - nutrition provisions in the constitution
  - conducting social audits and dialogue sessions
- Groups presented budget submissions to the County Budget and Appropriations Committee
- Budget asks for nutrition, community health strategy, hygiene and sanitation
- Nutrition received 33% budget increase

DAILY NATION

POSTED TUESDAY, JULY 1, 2014 | BY: SAMMY LUTTA

## Health, schools given lion's share in 2014/5 county budget

Healthcare and education received the largest share of Turkana County's Sh9.4 billion budget for



Turkana Governor Josephat Nanok. FILE PHOTO | JARED NYATAYA |

# Challenges

- The food security project didn't have population level nutrition data
- Limited capacity to measure impact of agriculture interventions on nutrition
- Inadequate scale up project level interventions
- Lack of joint nutrition frameworks across sectors/ ministries

# Lessons and Specific Recommendations

- Communities have to be at the core for sustainable linkages
- Build cross – sectoral/ ministerial collaborations for ownership
- Target the most vulnerable; malnourished children, children under 2 & 5 years, women
- Select and track appropriate indicators at project and national levels
- Build capacity to measure impact
- Embed social accountability into programmes

## Overall Recommendations

- National level- joint multi- sectoral frameworks for nutrition
- International level- include the 6 WHA nutrition targets as part of the SDGs to deliver change for nutrition

## Voices of women

Jane Lekasuya, assistant chairlady of Majeiyo group says, 'we are confident that we will slowly bring change to our community's way of living. When other women in our community come to our group to buy sukuma wiki (kale), some ask for saplings to plant and want to know how they can emulate us. We advise them to form and register a group and then seek training'